



SENIOR COALITION OF STANISLAUS COUNTY

November 14, 2023 | Virtual Meeting

Members Present:

Dianna Olson, and Jessica Enes - Healthy Aging Association (HAA), Penny Oliver - Valley Capital Advisors, Patricia Mendoza - Central Valley PACE, Roxanne Mitchell - Valley Caregiver Resource Center, Tiffany Walter-Leijten, Aging & Veterans Services, Melissa Flaherty - Catholic Charities, Jeremy Matthews - Caregiver To You, Carmen Garcia - CA Connect, Tim Stevens -Home Safety Services, April Potter & Angela Swanson - Stan RTA, Hannah Brady - Senior Advocacy Network

Facilitator:

Jessica Enes, Healthy Aging Association

Agenda Item	Discussion	Outcome/Action
Welcome and Introductions	<i>Jessica facilitated introductions. Participants introduced themselves.</i>	
Old Business		
Local Aging & Disability Action Planning Grant Program	Jessica updated the Coalition in place of Gina and Jose. A consulting firm has been selected for the LADAP Grant Program. Gina and Jose will be meeting with Grimsich Consulting in December and discussing the formation of an advisory committee and begin working on an action plan, needs assessment, and planning forums to be able to further plan for the local plan development. The grant purpose is to provide funding to communities across the state to plan and develop their own, cross-sector local age- and disability-friendly plans.	
New Business		
Master Plan for Aging Event	Dianna and Jessica shared with the group that the Senior Coalition will need to host another Master Plan for Aging Event with the funding received from the SCAN Foundation. In the past a virtual event was hosted to inform the community and local organizations about the Master Plan for Aging. The plan for the upcoming event is to partner with the consulting firm helping with the LADAP Grant to host a forum in person for 40-50 people and ask the group questions.	
Fall Prevention Services & Programs		
Healthy Aging and Fall Prevention Summit	At the Healthy Aging Summit held on October 13, 2023 at the Modesto Centre Plaza, 598 bags were given out to attendees. Jessica shared with the group that the results of the screenings performed were very comparable to screenings performed at the last in person event in 2019. There were also a little over 75 organizations present given out resources and information. Feedback regarding the event was shared amongst the group.	https://www.healthyagingassociation.org/healthy-aging-summit.html

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A Matter of Balance Classes	Classes have concluded for the Fall. There was a lot of positive feedback from these classes regarding prevention of falls. Many participants mentioned they did not have a fear of falling but wanted to prevent a fall from happening and were happy to receive resources and information. More classes will be offered in the Spring 2024. There is currently a waiting list for those who want to join.	
Dignity at Home Fall Prevention Program	HAA will be applying for more grant funding through the Stanislaus County Area Agency on Aging in December to continue providing this program with the assistance of Home Safety Services to do the installations. This program has helped many older adults stay in their homes and provided them with free fall prevention accessories to keep them safe in the home.	

Vaccine Updates and Outreach		Outcome/Action
Updates	Dianna shared with the group that COVID vaccines are available through local pharmacies if individuals need their vaccine. Flu vaccines are also offered through Stanislaus County Public Health, the group who did Flu vaccines at the Healthy Aging Summit, to those who need it regardless of health coverage. The “Super Flu” shot or high dose Flu vaccine for those who are 60+ was not available at the Healthy Aging Summit but can be obtained at pharmacies or through Public Health. Public Health wanted to hold a Flu Clinic however, many older adults have already received their Flu vaccine.	

Agency Sharing:

- Penny Oliver - Valley Capital Advisors - Giving presentations on plans for medicare plans to help clients.
- Patricia Mendoza - Central Valley PACE - Hosting the Modesto Chamber Mixer on November 16th from 5:30 - 7:30 pm
- Roxanne Mitchell - Valley Caregiver Resource Center - Support groups available, virtual classes offered for caregivers.
- Tiffany Walter-Leijten, Aging & Veterans Services - Received results for Area Plan. Serving our Seniors (SOS) meetings will resume January 8, 2024.
- Melissa Flaherty - Catholic Charities - Holding Ombudsman Training soon, looking for volunteers to become an Ombudsman.
- Carmen Garcia - CA Connect
- April Potter & Angela Swanson - Stan RTA - ADA Paratransit can now call to pay and have a fund balance. Rides are free in December. Free rides for veterans, seniors and disabled ride for ½ fare. Updates to website and route recently. Free rides for Thanks and Giving event if they call ahead.
- Hannah Brady - Senior Advocacy Network - Contracted with CalAim with HealthNet, Health Plan of San Joaquin, looking to add Kaiser. Funding is coming to an end for individualized consulting. Celebrating Joyce’s retirement.
- Jeremy Matthews - Caregiver To You - Leading the Modesto Rotary Walk in September.
- Carmen Garcia - CA Connect - Ended partnership with DRAIL. Has new product available to help hearing loss amplify cellphone.

Next Meeting: January 23, 2024 at 2:30 pm **Meeting held virtually via Zoom**