



SENIOR COALITION OF STANISLAUS COUNTY

September 26, 2023 | Virtual Meeting

Members Present:

Dianna Olson, and Jessica Enes - Healthy Aging Association (HAA), Jeanette Johnson - Valley Capital Advisors, Gina Innes & Jose Michel - CSA Adult Services, Patricia Mendoza - Central Valley PACE, Janice Herring - CSU Stanislaus, Roxanne Mitchell - Valley Caregiver Resource Center, Tiffany Walter-Leijten, Aging & Veterans Services, Melissa Flaherty - Catholic Charities, Maria Profeta- HICAP, Michelle Donaldson - SEVA, Jeremy Matthews - Caregiver To You, Carmen Garcia - CA Connect

Facilitator:

Jessica Enes, Healthy Aging Association

Agenda Item	Discussion	Outcome/Action
Welcome and Introductions	<i>Jessica facilitated introductions. Participants introduced themselves.</i>	

Old Business

Local Aging & Disability Action Planning Grant Program	Gina Innes updated the Coalition that there are 4 potential consulting companies. They will be selecting the company and then forming an advisory committee and begin working on an action plan and needs assessment. Grant period goes through March 2025.	
Fall Prevention Resource Guide	Jessica shared with the Coalition that the Fall Prevention Resource Guide is completed and will be available at the Healthy Aging Summit. Resource Guides will be available upon request. There are differences between the Fall Prevention Resource Guide and the Stanislaus County Caregiver Resource Guide to compliment each other but not duplicate services.	
Stanislaus County Low Income Update	The Annual CA Housing Report stated that a single-resident household in Stanislaus County earning less than \$47,250 is considered low income. This data can be helpful for those who are writing grants. Carmen shared there are programs called Lifeline program and Affordable Connectivity that CA Connect has been asked to promote to low income individuals.	

New Business

Falls Prevention Awareness Week	Coalition members shared how they were sharing information about falls with their staff and informing them of ways to prevent falls in the homes as they go out to see clients. HAA shared how they were sharing information about falls all week long on social media.	
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National Preparedness Month	Tiffany shared a flyer from Stanislaus County regarding the Continuity of Operations Plan, local disaster plan. Disaster training is available locally along with a local disaster preparation guide. Dianna mentioned this would be a good resource to give out at Healthy Aging Summit.	
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Fall Prevention Services & Programs

Healthy Aging and Fall Prevention Summit	There are only 2 spaces available. Confirmed multiple health screenings and health tests. The event will be held at the Modesto Centre Plaza on October 13th from 8am - 1 pm. Posters are available and emails are being sent out over the next few weeks, along with social media posts to tell people about the event. There will be 9 screenings and flu shots available.	https://www.healthyagingassociation.org/healthy-aging-summit.html
A Matter of Balance Classes	Two 8-week classes currently going on at the Stanislaus Veterans Center. Both will conclude in October. These classes focus on fall prevention discussions and ways to safe proof their home. Currently have a waiting list for any upcoming classes.	
Dignity at Home Fall Prevention Program	This programs allow HAA to perform a fall risk assessment and then be able to do a home assessment and provide fall prevention equipment. This program allows older adults to perform their tasks of daily living and stay in their homes safely.	

COVID-19 Vaccine Updates and Outreach		Outcome/Action
Updates	There will be a new COVID-19 vaccine coming out in September. The government is giving 4 free COVID Test Kits again. Encourage older adults to talk to their local pharmacies about getting the vaccine.	

Agency Sharing:

- Tiffany Walter-Leijten- Disaster preparedness guide available and will share flyers at the Summit.
- Roxanne Mitchell - They will be having a class for caregivers Friday September 29th Taking Care of Someone Else.
- Melissa Flaherty - Looking for volunteers. Jose and Melissa are doing mandated reporter training.
- Maria Profeta - Medicare Forums will be starting in October to inform older adults about Medicare Plans.
- Michelle Donaldson - Planning the Kids Camp to help kids with grief and loss, call SEVA. Alzheimer Dementia Support Center, an Evening to Remember will host their dinner on October 28th.
- Carmen Garcia - Phone partnership with DRAIL to give out phones to those who bring completed application, end in October.
- Jeanette Johnson - Annual enrollment events will be happening in person throughout the community to answer questions regarding Medicare.
- Jose Michel - Will be doing a presentation in Ceres on October 24th with Denise Davis on Understanding Dementia and Avoiding Scams.

Next Meeting: November 14*, 2023 at 2:30 pm **Meeting held virtually via Zoom**