



**SENIOR COALITION OF STANISLAUS COUNTY**

**January 23, 2024 | Virtual Meeting**

**Members Present:**

Dianna Olson, and Jessica Enes - Healthy Aging Association (HAA), Roxanne Mitchell - Valley Caregiver Resource Center, Tiffany Fanfa- Aging & Veterans Services, Melissa Flaherty - Catholic Charities, Carmen Garcia - CA Connect, Tim Stevens - Home Safety Services, April Potter - StaP RTA, Hannah Brady - Senior Advocacy Network, Michelle Donaldson - SEVA Hospice, Gina Innes - CSA, Billie Scott - Central Valley Hearing Healthcare, Channa Kang - Society for DisAbilities, Denise Davis- Alzheimer's Association, Alisha Swanson - La Familia, Juanita Salcedo - MSSP & CSU Stan Intern, Guests - John Cardenas and Renee Santangelo- PEARLS, Janice Herring - CSU Stanislaus

**Facilitator:**

Jessica Enes, Healthy Aging Association

Agenda Item	Discussion	Outcome/Action
Welcome and Introductions	<i>Jessica facilitated introductions. Participants introduced themselves.</i>	

<b>Old Business</b>		
Local Aging & Disability Action Planning Grant Program	Gina shared updates with the coalition in selecting a consultant and their current process. The next steps are to apply to be an AARP age friendly community, select an advisory committee, and create an assessment. They are hoping to bring the plan to the community in the coming months.	<a href="https://www.grants.ca.gov/grants/local-aging-disability-action-planning-ladap-grant-program/">https://www.grants.ca.gov/grants/local-aging-disability-action-planning-ladap-grant-program/</a>
Master Plan for Aging in Stanislaus County	Dianna completed the SCAN Health Plan report for the last 2 years for the Scope of Work the Senior Coalition has completed. SCAN requested to be kept informed of the progress with the consultant and the LADAP Grant. Tiffany also shared with the group the difference between the Master Plan (state) and the Area Plan (county). Current updates happening to the Area Plan - 4 year Strategic Plan, contents specific to federal funding and a public hearing before the draft is released. Public Hearing set for March 11, 2024 before Commission on Aging Meeting at 12:30pm.	<a href="https://www.stancounty.com/aging/pdf/Area-Plan-Update-2022-2023.pdf">https://www.stancounty.com/aging/pdf/Area-Plan-Update-2022-2023.pdf</a>  <a href="http://www.aging.ca.gov">www.aging.ca.gov</a>

<b>New Business</b>		
Presentation on PEARLS	John Cardenas from the PEARLS program presented on this service for the coalition. This program PEARLS (Program to Encourage Active and Rewarding Lives for Seniors) is a 19-week individualized program where a PEARLS counselor visits at risk seniors in their homes to offer help by teaching problem solving techniques, and encouraging increased social and physical activities. Eligibility - Stanislaus County Resident, 60 years of age or older, Feeling down or loss of interest, Wanting to develop new skills to improve quality of life, and/or Variety of home environments. Currently accepting referrals. Interested individuals or caregiver/family members can call 209-558-8698.	<a href="https://www.stanbhrsprvention.com/oas.shtm">https://www.stanbhrsprvention.com/oas.shtm</a>

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<b>Fall Prevention Services &amp; Programs</b>		
A Matter of Balance Classes	This is an 8-week evidence based program that meets once a week for 2-hours to discuss concerns/fears of falling, small group discussion regarding fall prevention and light exercise. Currently class offered at Casa de Modesto to the residents. Another class coming to Stanislaus Veterans Center in February, call 209-525-4670 to sign up.	<a href="https://www.healthyagingassociation.org/a-matter-of-balance.html">https://www.healthyagingassociation.org/a-matter-of-balance.html</a>
Dignity at Home Fall Prevention Program	Dianna shared that accessories installed in the home after a home assessment is performed have helped seniors stay in their homes safely. This program has given seniors their independence back and allowed them to age safely at home. Currently receiving funding for this program from Aging in Place funding.	<a href="https://www.healthyagingassociation.org/dignity-at-home.html">https://www.healthyagingassociation.org/dignity-at-home.html</a>
Fall Prevention Resource Guide Distribution	Jessica shared that Fall Prevention Resource Guides are ready for distribution and if there are organizations who can help get these materials out they can let HAA know and staff can drop them off.	<a href="http://www.healthyagingassociation.org/uploads/4/3/1/4/43144553/fall_prevention_resource_guide_-_final.pdf">www.healthyagingassociation.org/uploads/4/3/1/4/43144553/fall_prevention_resource_guide_-_final.pdf</a>

<b>Vaccine Updates and Outreach</b>		<b>Outcome/Action</b>
Updates	Dianna shared that COVID is still present and many are getting sick with COVID related or flu like symptoms but still testing negative for COVID. There is updated information on vaccines in the Healthy Aging Today Newsletter provided by Dr. Bob McGrew.	<a href="https://www.healthyagingassociation.org/resources.html">https://www.healthyagingassociation.org/resources.html</a>

**Agency Sharing:**

- Roxanne Mitchell - Will be offering class on March 6 1:30-3:30pm in collaboration with Alzheimer's Association and Denise Davis on Communication and Specific behaviors. Offers support group on third Thursdays.
- Michelle Donaldson - Partnering with CareOne Home Health for a palliative care collaboration. ADSC is holding support groups on Monday nights and has other groups for the specific needs of the caregivers.
- Juanita Salcedo - MSSP is currently accepting referrals for those who are on Medi-Cal and 65+ in need of services.
- Melissa Flaherty - Informed the group that Brendel Manor and Cypress Assisted Living are closing in Turlock and residents are being relocated.
- Carmen Garcia - CA Connect is promoting the affordable connectivity program to make clients aware that discounts to their internet services may end soon.
- Hannah Brady - Working with individuals to qualify candidates for other programs since housing application funding ended. Offering monthly housing workshops.
- Billie Scott - Senior Foundation is working with the City of Oakdale to bring about the Senior Info day in June. The Holiday Social event will also be brought back this year at the Audi dealership. Central Valley Hearing currently has 3 locations and is reaching out to providers to give educational presentations.
- Tim Stevens - Letting individuals know that CalAim can cover some home modifications for those who are Medi-Cal recipients.

**Next Meeting: March 26, 2024 at 2:30 pm Meeting held virtually via Zoom**